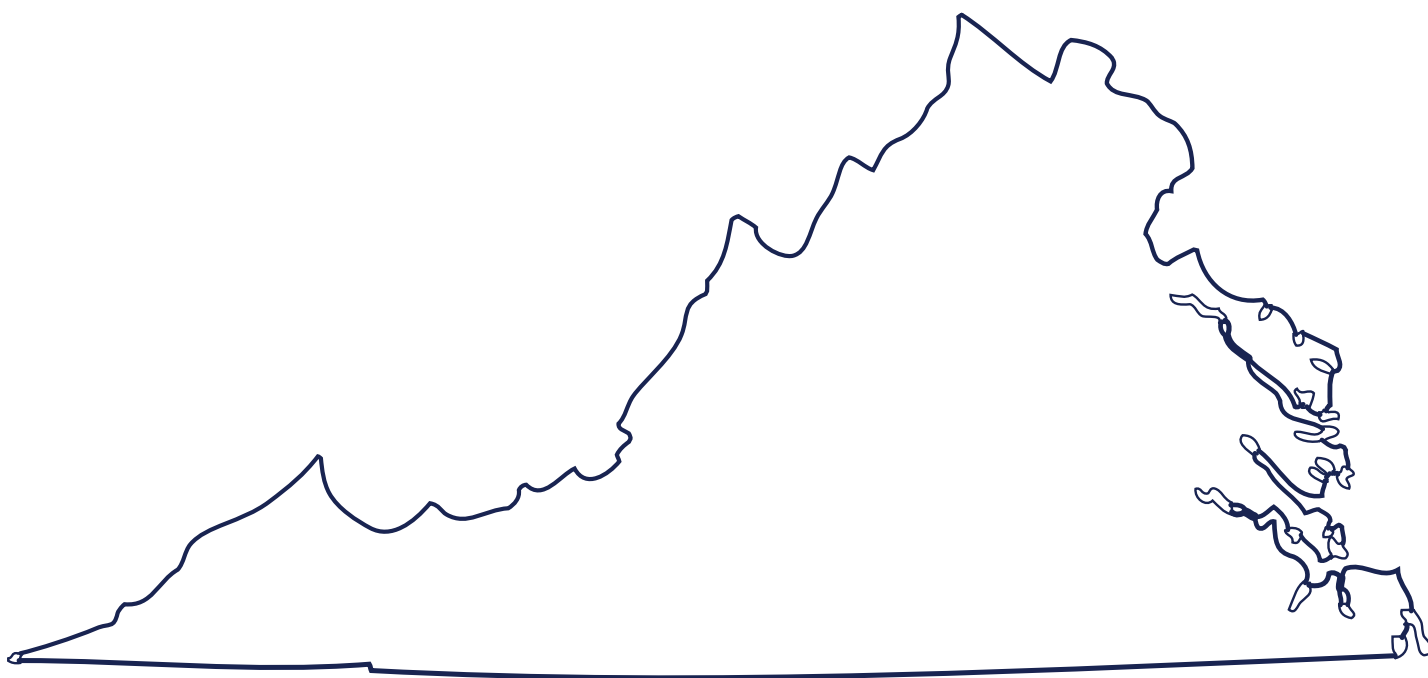


VIRGINIA DETENTION ASSOCIATION OF
POST-DISPOSITIONAL PROGRAMS
BIENNIAL REPORT: JULY 2007 - JULY 2009



To provide a partnership among juvenile detention centers that promotes effective programs
to foster rehabilitation and reduce delinquency.

VIRGINIA DETENTION ASSOCIATION OF POST-DISPOSTIONAL PROGRAMS

BIENNIAL REPORT: 2007-2009

Acknowledgement

This biennial report was compiled from data provided by the dedicated staff of Virginia's Post-Dispositional Programs. In 2006, we collectively began to design a data collection method and collect data on program activities and outcomes occurring throughout Virginia's Post-Dispositional Programs. This first Biennial Report reflects data submitted by Post-Dispositional Program staff during the years 2007, when data collection was initiated, through July of 2009.

We gratefully acknowledge the dedicated staff who have made this effort possible by collecting and reporting data on the youth involved in our programs. Special thanks is also extended to Ed Bowman, without whose considerable talents and patience, the Post-Dispositional Acceptance and Discharge Data collection instrument would not have been possible. Gratitude is also extended to the Biennial Report Committee, Sara Jones, Criss Capozza, and Cathy Roessler, whose tireless dedication brought forth this report.

The following locations provided information for this report: Blue Ridge, Fairfax, Loudoun, Lynchburg, Merrimac, Northwestern, New River Valley, Northern Virginia, Rappahannock, and Virginia Beach Juvenile Detention Centers.

Table of Contents

	Page
Acknowledgement	i
List of Tables	iii
List of Figures	iv
PARTS	
I. The History of Post-Dispositional Programs in Virginia	1
Legislative History	1
Program Eligibility	2
Program Services	2
Program Evaluation	3
II. Program Factors	5
III. Pre-Dispositional Program Factors	6
IV. Program Factors	12
V. Post-Release Factors	19
VI. Conclusion and Recommendations	24

List of Tables

	Page
Table 1: Gang Status.....	6
Table 2: Family Functioning, Risk Level and Total Petitions.....	8
Table 3: Detention Center Totals.....	9
Table 4: Primary and Secondary Program Services and Program Completion.....	13
Table 5: Family Involvement, Disciplinary Infractions and Program Completion.....	15
Table 6: Detention Center, Community Activity and Program Completion.....	17
Table 7: Aftercare Program and Commitment Status.....	20
Table 8: Family Counseling, Family Functioning and Re-Offense.....	21
Table 9: Detention Center Totals.....	21

List of Figures

	Page
Figure 1: Frequency of Offense at Time of Placement	6
Figure 2: Grade Level and Average Age at Placement.....	7
Figure 3: Percentage of Educational Attainment at Placement.....	7
Figure 4: Placement Trends	8
Figure 5: Facility Utilization 2007-2009.	11
Figure 6: Facility Utilization 2007-2009	11
Figure 7: Family Involvement and Program Completion	12
Figure 8: Family Involvement, Disciplinary Infractions, and Program Completion	15
Figure 9: Disciplinary Infractions and Resident Age.....	16
Figure 10: Probation Status and Re-Offense.....	19

I. The History of Post-Dispositional Programs in Virginia

Post-Disposition Programs were established in the Commonwealth of Virginia to provide an alternative to community supervision and/or commitment to the Department of Juvenile Justice. Since their inception, Post-Dispositional Programs have offered local courts a dispositional option that meets both the juvenile's needs for rehabilitative services and the need for public safety. Post-Dispositional Programs operate throughout the Commonwealth of Virginia and have grown considerably since the enacting legislation¹. Each program offers services unique to their locality while integrating standards for residential facilities and incorporating a "best practices" approach to program design and implementation.

Legislative History

- 1985: HB1417 established Post-Dispositional detention and prohibited the pre-dispositional placement of juveniles in adult jails.
- 1991: Statewide Task Force on detention issues recommended revised Board standards requiring separate services for Post-Dispositional juveniles.
- 1994: DYFS Post-Dispositional Study examined Post-Dispositional utilization and found that six-month Post-Dispositional placements represented 24% of all placements.
- 1999: Commission on Youth Study completed a comprehensive examination of Post-Dispositional Programs and utilization resulting in House Bill 669 (died in Senate Courts of Justice).
- 2000: SB66 (incorporated components of HB669) amended §16.1-284.1 of the Code of Virginia, effective July 1, 2002 and established Post-Dispositional Programs.²

¹ Code of Virginia §16.1-284.1 establishes Virginia's Post Dispositional Programs.

² Post-Dispositional detention: Allows a court to defer disposition and place a juvenile in the temporary custody of the Department of Juvenile Justice to attend a boot camp provided bed space is available and the juvenile (i) has been found delinquent for a non-status offense, (ii) has not previously been and is not currently being adjudicated delinquent or found guilty of a violent juvenile felony, (iii) has not previously attended a boot camp, (iv) has not previously been committed to the Department, and (v) has been assessed as appropriate for boot camp. Additionally, the bill provides that if a juvenile 14 years of age or older is found to have committed an offense which if committed by an adult would be punishable by confinement in a state or local correctional facility, and the court determines among other factors that the juvenile has not previously been, and is not currently being adjudicated delinquent or found guilty of a violent juvenile felony, then the court may order the juvenile confined in a detention home or other secure facility for juveniles for a period not to exceed six months. The period of

- 2001: HB1753 further amended §16.1-284.1 of the Code of Virginia, effective July 1, 2002.³
- 2002: July 1, 2002, amended Code Section 16.1-284.1 becomes effective.
- 2006: Post-Dispositional Detention Programs licensed and certified by DJJ to include 18 programs and 228 beds.
- 2009: There are currently 17 Post-Dispositional Programs operating with 221 beds.

Program Eligibility

Juveniles referred to Post-Dispositional programs must meet the established eligibility criteria.

- The juvenile must be at least 14 years of age.
- In terms of disposition status, the interests of the juvenile and the community require secure custody for rehabilitation and program services.
- Juveniles who have committed violent offenses⁴ are excluded.
- Juveniles are not eligible if they have been released from the custody of Department of Juvenile Justice within the last 18 months.
- Juveniles receive no credit for time served while in Post-Dispositional Programs.
- An assessment for “appropriateness” should be conducted by the facility prior to placement in Post-Dispositional Programs.

Program Services

Virginia’s Post-Dispositional programs offer unique services tailored to local communities. While local constituencies will continue to dictate the type of services offered, the

confinement ordered may exceed 30 calendar days if the juvenile has had an assessment completed by the secure facility to which he is ordered concerning the appropriateness of the placement.

³ Amends legislation that will be effective July 1, 2002, to provide that if the period of Post-Dispositional confinement is to exceed 30 days the juvenile must be committed to the Department of Juvenile Justice. The bill also adds a provision that a juvenile who has been committed to the Department of Juvenile Justice within the past 18 months is not eligible for Post-Dispositional detention. This bill is a recommendation of the Commission on Youth, which reviewed the Post-Dispositional legislation passed during the 2000 General Assembly Session.

⁴ Exclusion offense include: Capital Murder, First or Second Degree Murder, Lynching, Aggravated Malicious Wounding, Felonious Injury by Mob, Abduction, Malicious Wounding, Malicious Wounding of a Law Enforcement Officer, Felonious Poisoning, Adulteration of Products, Robbery, Carjacking, Rape, Forcible Sodomy, and Object Sexual Penetration.

Virginia Detention Association of Post-Dispositional Programs seeks to identify “best practice” approaches based on the strengths and needs of juvenile, the juvenile’s current level of functioning, projected family involvement, and projected date for accomplishing each program objective. Many of Virginia’s Post-Dispositional Programs offer the following program services.

- Case Management
- Individual and Family Therapy
- Group Counseling addressing the following topics:
 - Anger Management
 - Substance Abuse
 - Empathy Enhancement
 - Life Skills
- Education:
 - Academic (High School, ISAEP, GED, Community College, Home School)
 - Vocational
- Community Service
- Employment
- Community Outings
- Home Passes

Program Evaluation

Virginia’s Post-Dispositional Programs cannot operate without help and support from the community, other child welfare agencies, and involved families. Ultimately, success is predicated on the ability to incorporate a “systems of care” approach to program services and involved providers. In an effort to meet these challenges, Virginia’s Post-Dispositional Program staff are committed to the following principles:

- Building cooperative relationships with judges, court service units, service providers, and other child welfare agencies.
- Retaining qualified and results driven Post-Dispositional Program Coordinators.
- Providing a continuum of facility-based and community-based services and resources based on best practices and systems of care.

- Working collaboratively with detention based academic programs to develop a strong educational component and a dedicated Post-Dispositional teacher or GED-prep instructor.
- Focusing on case management component objectives and measureable outcomes.
- Providing a transitional or aftercare component that is tied to and consistent with program objectives and goals.
- Collecting data to evaluate program placement, services, and outcomes.
- Collaborating toward a well conceived program that is fluid, flexible, evolutionary, and responsive to local needs and interests.

II. Program Factors

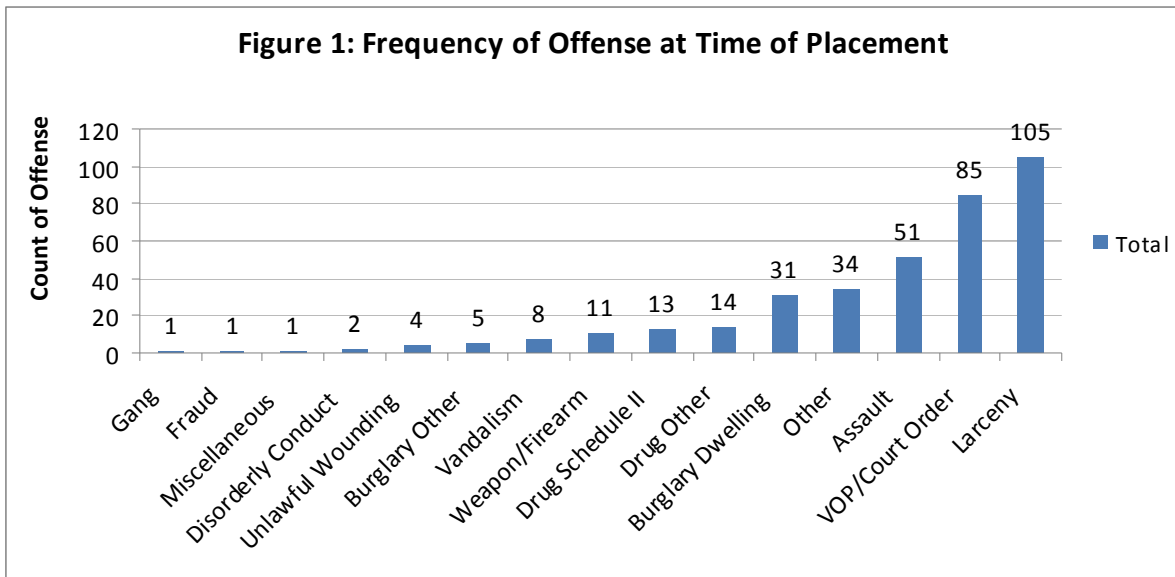
The following data was collected during the years 2007 through 2009 and is represented in this first annual report.

- The average resident age at the time of placement in a Post-Dispositional Program is 15 years and 9 months.
- The average length of placement for a Post-Dispositional Resident is 148 days.
- At time of placement most residents have not completed the 9th grade (average educational attainment 8.88).
- The most frequently occurring offense at the time of commitment is Larceny (felony) and the second most frequently occurring offense is Violation of Probation or Court Order.
- Almost 20% of the resident's admitted to the Post-Dispositional Programs are an identified gang member although regional disparities are significant.
- On average residents admitted to Post-Dispositional Programs had 12 prior petitions (11.57) while 38% of the residents had between 6 and 15 prior petitions at the time of placement.

III. Pre-Dispositional Program Factors

Pre-Dispositional Program factors include data collected prior to the resident's acceptance into a Post-Dispositional Program.

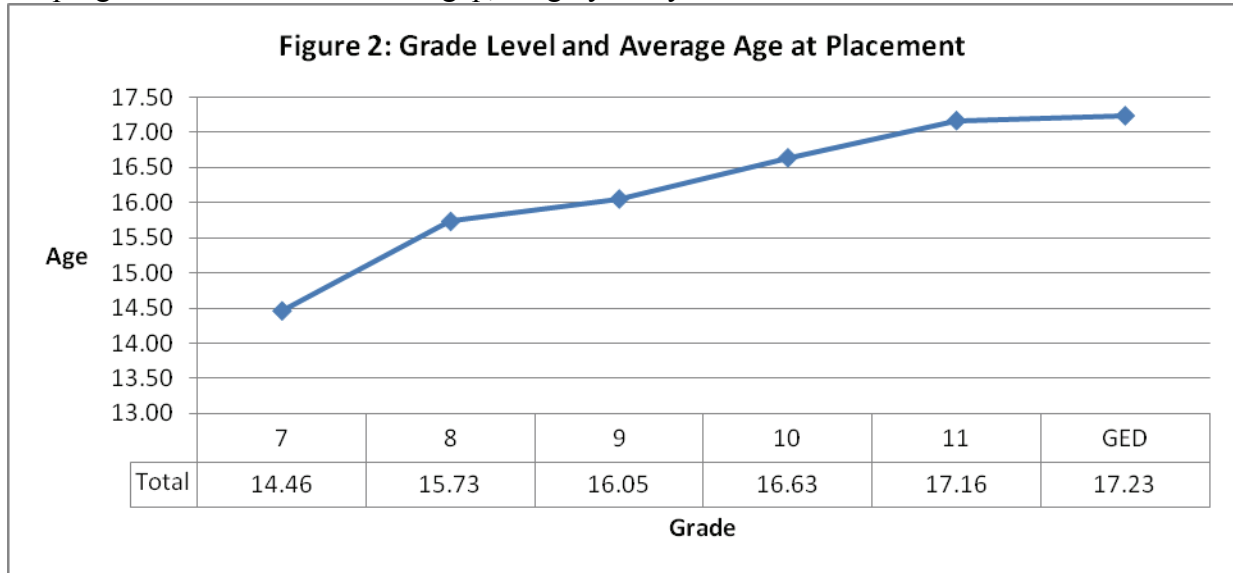
A. Disposition at Time of Placement: Figure 1 represents the most frequently occurring offense at the time of placement.



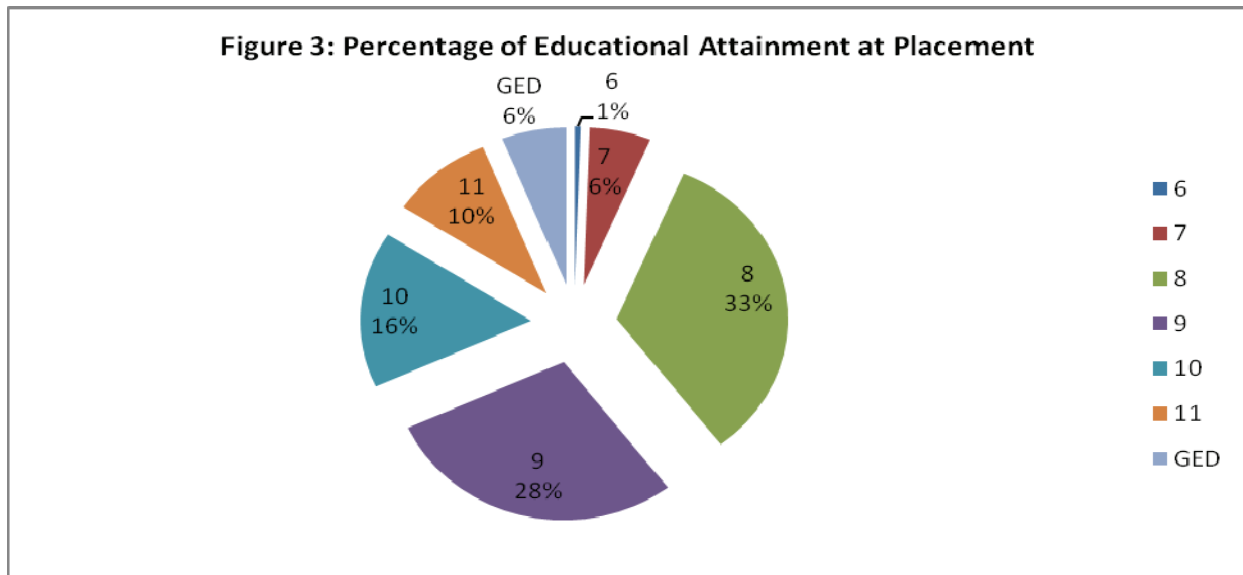
B. Gang Status: Gang identification continues to be a problem in the Commonwealth of Virginia with some areas over-represented by the number of gang involved youth. Currently, the largest percentage of Post-Dispositional residents are not considered identified gang members (Table 1). Numbers are based on the time of assessment and self-report. Note that geographical location will impact percentages.

Table 1: Gang Status at Time of Placement				
Detention Center	Identified Gang Member	Suspected Member	None	Grand Total
BRJD	0.55%	0.27%	4.92%	5.74%
Fairfax	5.74%	5.19%	9.29%	20.22%
LCJDC	0.55%	0.82%	2.46%	3.83%
Lynchburg	0.82%	1.37%	7.65%	9.84%
Merrimac	2.19%	2.19%	9.84%	14.21%
NRJDC	1.64%	1.09%	4.64%	7.38%
NRVJDH	0.00%	0.27%	10.11%	10.38%
NVJDH	2.73%	1.09%	7.65%	11.48%
Rappahannock	0.00%	1.64%	2.19%	3.83%
Virginia Beach	4.37%	4.92%	3.83%	13.11%
Grand Total	18.58%	18.85%	62.57%	100.00%

C. Educational Level and Average Age⁵ at Placement: All Post-Dispositional residents are required to attend school during the program. Often, Post-Dispositional residents are admitted to the program with an achievement gap, roughly two years removed from the norm.



D. Percentage of Educational Attainment at Time of Placement.



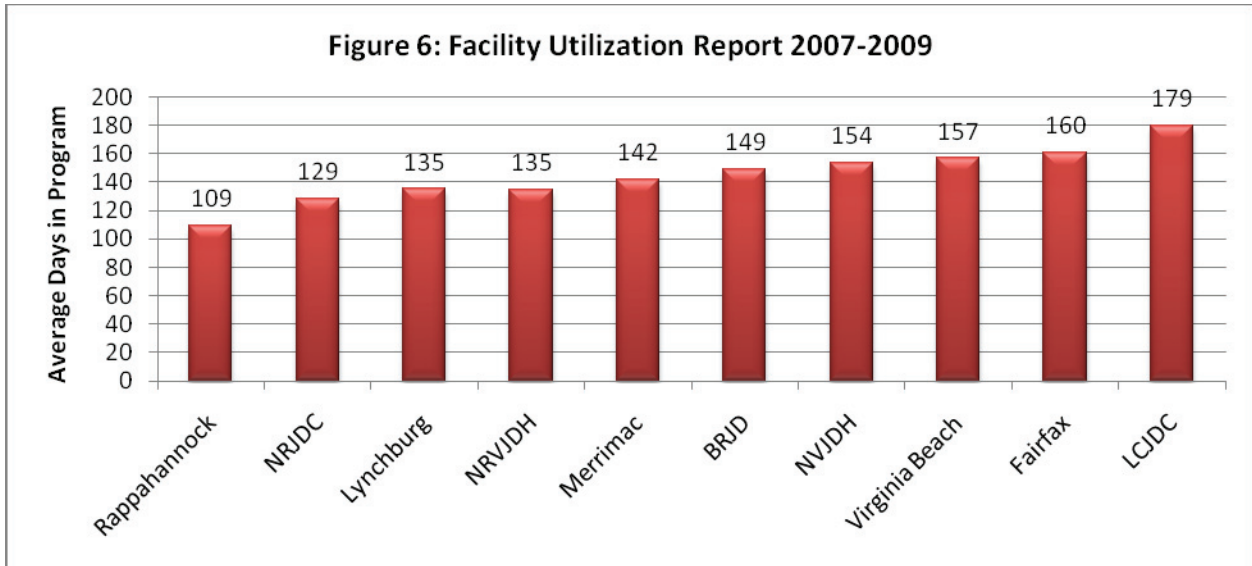
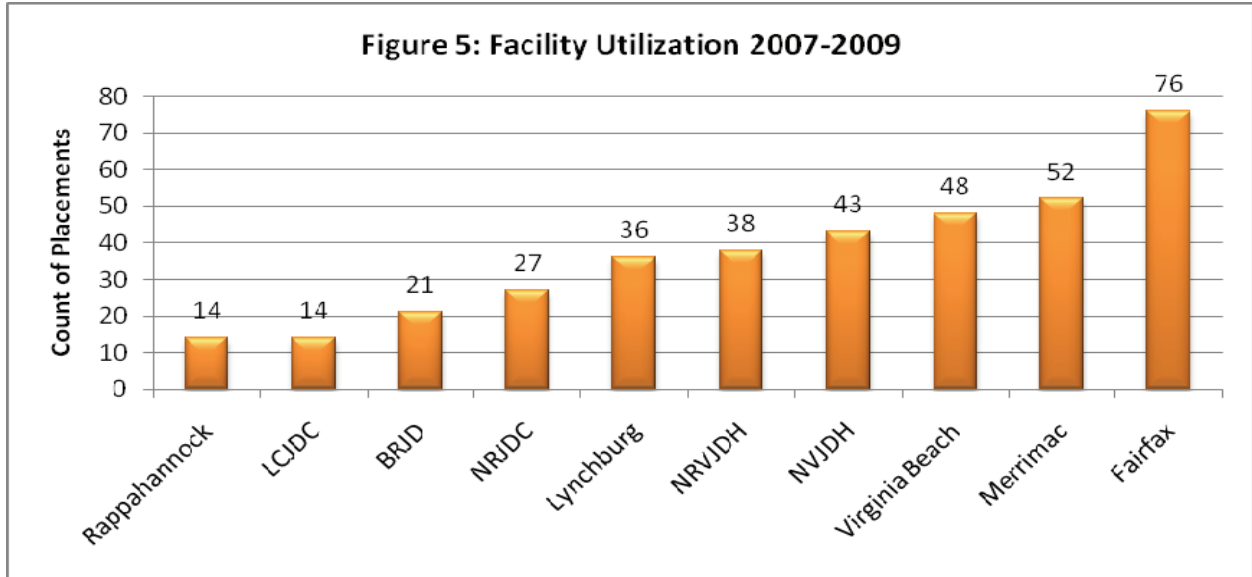
⁵ The average age is represented as a fractional age for purposes of data analysis. To convert the fractional age into a yy.mm format simply multiple the decimal by 12. For example, 14.81 would be equivalent to 14 and .81x12 or 10, 14 years and 10 months old.

G. Detention Center Totals: Juveniles often enter the juvenile justice system with a disproportionate over-representation of prior mental health diagnosis and treatment. Table 3 represents detention center totals for residents relative to the type of prior mental health service received.

Table 3: Detention Center Totals				
Detention Center	Type of Prior Services	Average of Total Days	Average of Fractional Age	Average of Total Petitions
BRJD	Inpatient	62.00	15.67	11.00
	Outpatient	161.92	16.54	10.87
	Residential	99.00	17.75	18.00
	None	142.25	17.15	7.50
BRJD Total		149.21	16.67	10.57
Fairfax	Inpatient & Outpatient	126.00	17.03	10.33
	Outpatient	164.76	16.43	12.84
	Residential	145.33	16.79	16.00
	Other	134.25	16.00	6.75
	None	165.93	16.30	10.46
Fairfax Total		160.48	16.38	11.45
LCJDC	Inpatient	180.00	17.08	10.00
	Outpatient	179.40	16.28	12.80
	Residential	180.00	15.83	11.00
	None	179.17	15.88	10.33
LCJDC Total		179.43	16.10	11.29
Lynchburg	Inpatient	146.75	17.15	11.33
	Outpatient	147.00	16.39	8.78
	Residential	123.31	16.24	10.14
	Other	130.33	16.67	9.50
	None	158.50	15.79	6.50
Lynchburg Total		134.55	16.43	9.56
Merrimac	Inpatient	142.00	16.98	10.57
	Outpatient	146.41	16.61	11.56
	Residential	122.29	16.46	18.45
	None	146.57	16.27	9.63
Merrimac Total		141.79	16.57	12.67

Table 3: Detention Center Totals (Cont.)				
Detention Center	Type of Prior Services	Average of Total Days	Average of Fractional Age	Average of Total Petitions
NRJDC	Outpatient	137.00	16.23	13.09
	Residential	176.00	16.42	26.00
	Out of Home Placement	147.86	15.65	11.14
	Other	52.33	16.50	10.67
	None	120.75	16.53	9.80
NRJDC Total		128.50	16.18	12.19
NRVJDH	Inpatient	114.25	16.46	10.00
	Outpatient	130.78	17.12	10.00
	Residential	164.50	16.13	15.80
	Out of Home Placement	130.00	15.96	8.00
	None	139.75	17.29	17.25
NRVJDH Total		134.64	16.90	12.43
NVJDH	Inpatient	72.00	15.83	7.00
	Outpatient	158.00	16.39	7.63
	Residential	161.21	16.12	10.83
	Other	110.50	15.46	13.50
	None	174.88	16.68	7.42
NVJDH Total		157.97	16.29	9.24
Rappahannock	Outpatient	115.00	15.38	9.13
	Residential	148.00	17.00	
	None	75.50	17.00	11.00
Rappahannock Total		109.25	15.82	9.50
Virginia Beach	Inpatient	173.33	16.50	13.00
	Outpatient	160.28	16.33	13.89
	Residential	146.82	16.22	14.23
	Out of Home Placement	77.00	15.92	17.00
	None	174.00	17.17	10.67
Virginia Beach Total		156.77	16.36	13.79
Grand Total		147.96	16.43	11.55

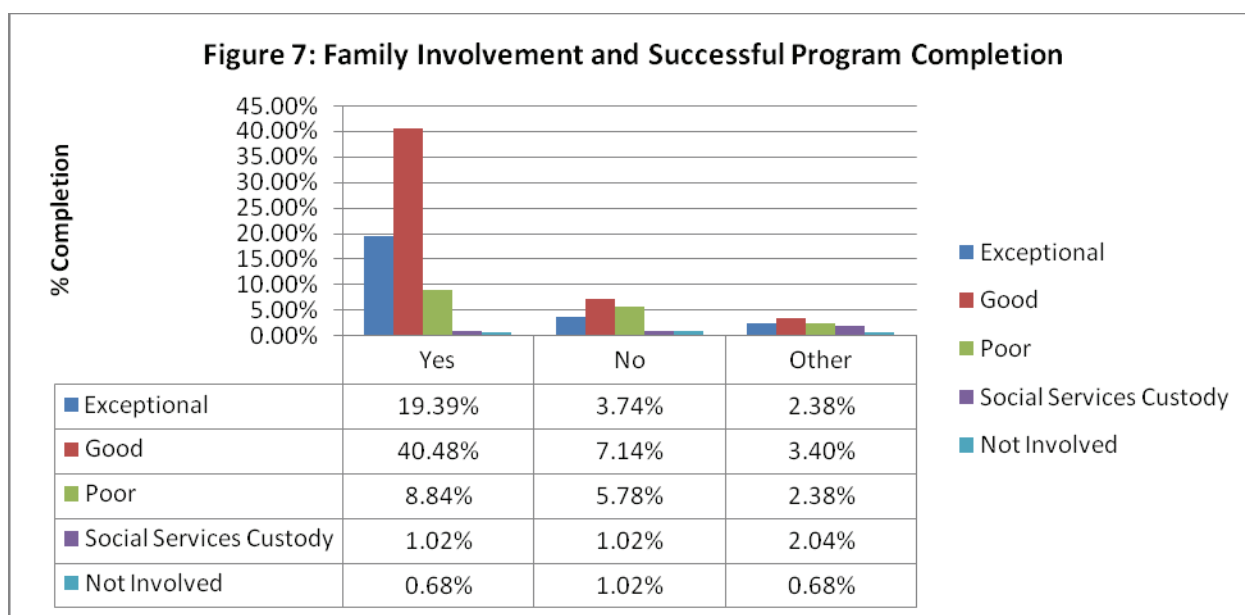
H. Detention Center Utilization: Facility utilization of Post-Dispositional programs varies regionally (Figure 5). In addition, the length of placement also tends to vary regionally with some programs.



IV. Program Factors

Virginia's Post-Dispositional programs offer standard services for residents and other program components that are locally determined. The following data represents the types of programs and program success rates of Virginia's Post-Dispositional Programs.

A. Family Involvement and Program Completion: The success of Post-Dispositional program residents is based in part on the active involvement of the resident's family. Figure 7 shows the relationship of family involvement with program completion. Residents with exceptional and good family involvement displayed the most success in programming.

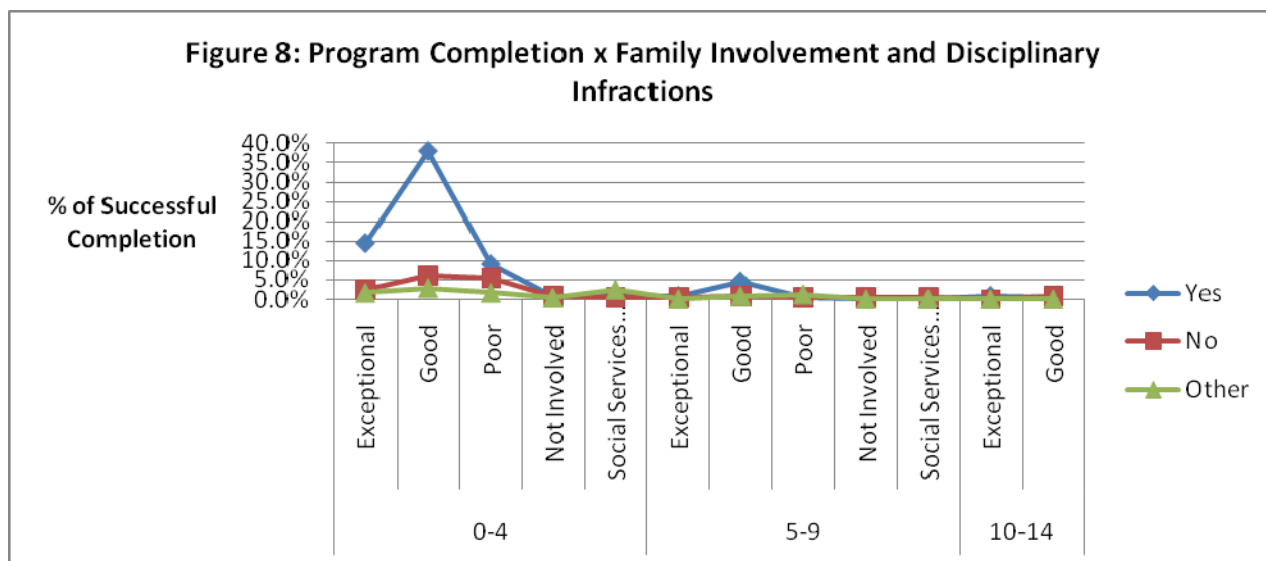


B. Program Services: Program services vary regionally. Nevertheless, most of Virginia's Post-Dispositional Programs continue to offer Anger Management, Individual Counseling, and Substance Abuse Services. The efficacy of Anger Management as a stand-alone service has not shown to produce successful program outcomes and the efficacy of Anger Management Programs in general should be reviewed empirically. Conversely, individual and family counseling coupled with substance abuse services might create a greater percentage of successful program outcomes.

Table 4: Primary and Secondary Program Services and Program Completion					
Program Service (Primary)	Program Service (Secondary)	Other	No	Yes	Grand Total
Anger Management					
	Anger Management	0.0%	0.0%	0.3%	0.3%
	Career Development	0.0%	0.0%	0.3%	0.3%
	Empathy Training	0.3%	0.0%	0.7%	1.0%
	Family Counseling	0.3%	1.7%	5.4%	7.5%
	Individual Counseling	0.0%	1.0%	3.1%	4.1%
	Life Skills	0.0%	0.7%	0.3%	1.0%
	NA/AA	0.0%	0.0%	0.7%	0.7%
	Other	0.0%	0.0%	0.3%	0.3%
	Substance Abuse	4.1%	6.5%	12.6%	23.1%
Anger Management Total		4.8%	9.9%	23.8%	38.4%
Individual Counseling					
	Anger Management	0.0%	1.0%	1.7%	2.7%
	Career Development	0.0%	0.0%	1.4%	1.4%
	Empathy Training	0.0%	0.0%	0.3%	0.3%
	Family Counseling	2.4%	2.7%	12.6%	17.7%
	Life Skills	0.0%	0.7%	2.7%	3.4%
	NA/AA	0.0%	0.0%	0.3%	0.3%
	Other	0.0%	0.7%	0.0%	0.7%
	Substance Abuse	0.0%	0.0%	1.4%	1.4%
Individual Counseling Total		2.4%	5.1%	20.4%	27.9%
Substance Abuse					
	Anger Management	1.0%	0.7%	8.8%	10.5%
	Career Development	0.0%	0.3%	0.3%	0.7%
	Empathy Training	0.0%	0.0%	1.0%	1.0%
	Family Counseling	0.0%	0.0%	5.8%	5.8%
	Individual Counseling	0.0%	0.0%	2.0%	2.0%
	Life Skills	0.0%	0.0%	0.3%	0.3%
	Other	0.0%	0.0%	0.3%	0.3%
Substance Abuse Total		1.0%	1.0%	18.7%	20.7%
Empathy Training					
	Anger Management	0.3%	0.3%	0.0%	0.7%
	Individual Counseling	0.3%	0.0%	0.0%	0.3%
	Substance Abuse	1.0%	0.0%	1.7%	2.7%
Empathy Training Total		1.7%	0.3%	1.7%	3.7%

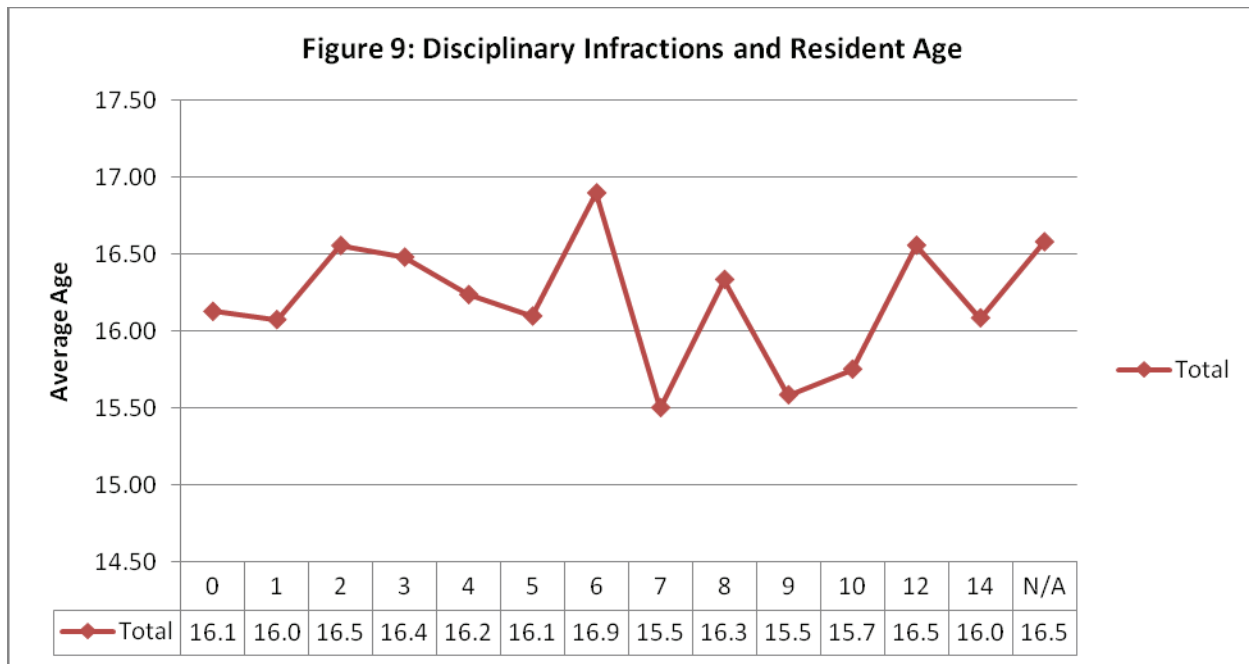
Table 4: Primary and Secondary Program Services and Program Completion (Cont.)					
Program Service (Primary)	Program Service (Secondary)	Other	No	Yes	Grand Total
Family Counseling					
	Anger Management	0.0%	0.0%	1.7%	1.7%
	Empathy Training	0.0%	0.0%	0.3%	0.3%
	Individual Counseling	0.0%	0.0%	0.3%	0.3%
	Life Skills	0.0%	0.0%	0.3%	0.3%
Family Counseling Total		0.0%	0.0%	2.7%	2.7%
Life Skills					
	Anger Management	0.3%	0.0%	0.7%	1.0%
	Other	0.0%	0.3%	0.0%	0.3%
	Substance Abuse	0.3%	0.0%	1.0%	1.4%
Life Skills Total		0.7%	0.3%	1.7%	2.7%
Other					
	Anger Management	0.0%	0.0%	0.3%	0.3%
	Other	0.0%	0.0%	0.3%	0.3%
	Substance Abuse	0.3%	0.3%	0.3%	1.0%
Other Total		0.3%	0.3%	1.0%	1.7%
Career Development					
	NA/AA	0.0%	0.3%	0.0%	0.3%
	Other	0.0%	0.0%	0.3%	0.3%
	Substance Abuse	0.3%	0.0%	0.0%	0.3%
Career Development Total		0.3%	0.3%	0.3%	1.0%
NA/AA					
	Substance Abuse	0.0%	0.0%	0.7%	0.7%
NA/AA Total		0.0%	0.0%	0.7%	0.7%
Grand Total		11.2%	17.7%	71.1%	100.0%

C. Family Involvement, Disciplinary Infractions and Program Success: There appears to be a significant relationship between family involvement, disciplinary infractions, and program completion. Remarkably, despite family involvement residents who commit 10-14 disciplinary infractions while in Post-Dispositional Programs will not have a successful outcome.



Count of Disciplinary Infractions	Family Involvement	Yes	No	Other	Grand Total
0-4	Exceptional	14.5%	2.5%	1.7%	18.6%
	Good	38.0%	6.2%	2.9%	47.1%
	Poor	9.1%	5.4%	1.7%	16.1%
	Not Involved	0.8%	0.8%	0.4%	2.1%
	Social Services Custody	0.8%	0.4%	2.5%	3.7%
0-4 Total		63.2%	15.3%	9.1%	87.6%
5-9	Exceptional	0.8%	0.4%	0.0%	1.2%
	Good	4.5%	0.8%	0.8%	6.2%
	Poor	0.4%	0.4%	1.2%	2.1%
	Not Involved	0.0%	0.4%	0.0%	0.4%
	Social Services Custody	0.0%	0.4%	0.0%	0.4%
5-9 Total		5.8%	2.5%	2.1%	10.3%
10-14	Exceptional	0.8%	0.0%	0.0%	0.8%
	Good	0.4%	0.8%	0.0%	1.2%
10-14 Total		1.2%	0.8%	0.0%	2.1%
Grand Total		70.2%	18.6%	11.2%	100.0%

D. Disciplinary Infractions and Resident Age: The relationship between the resident’s age and the number of disciplinary infractions is unpredictable. With additional data a pattern might become apparent. Developmentally, the relationship between age and self-control has been documented empirically.



E. Detention Centers, Community Activity and Program Completion: (Table 6) Community activities continue to be a controversial program activity. Successful program completion is related to community activity with 71% of residents who experienced a successful program outcome participating in a community activity compared with 18% program failures participating in community activity. This relationship, however, is complicated by other program factors; for example restriction on community activities for residents who are already experiencing program difficulties. Nevertheless, community activities remain a core program activity associated with Virginia’s Post-Dispositional Programs and successful program outcomes.

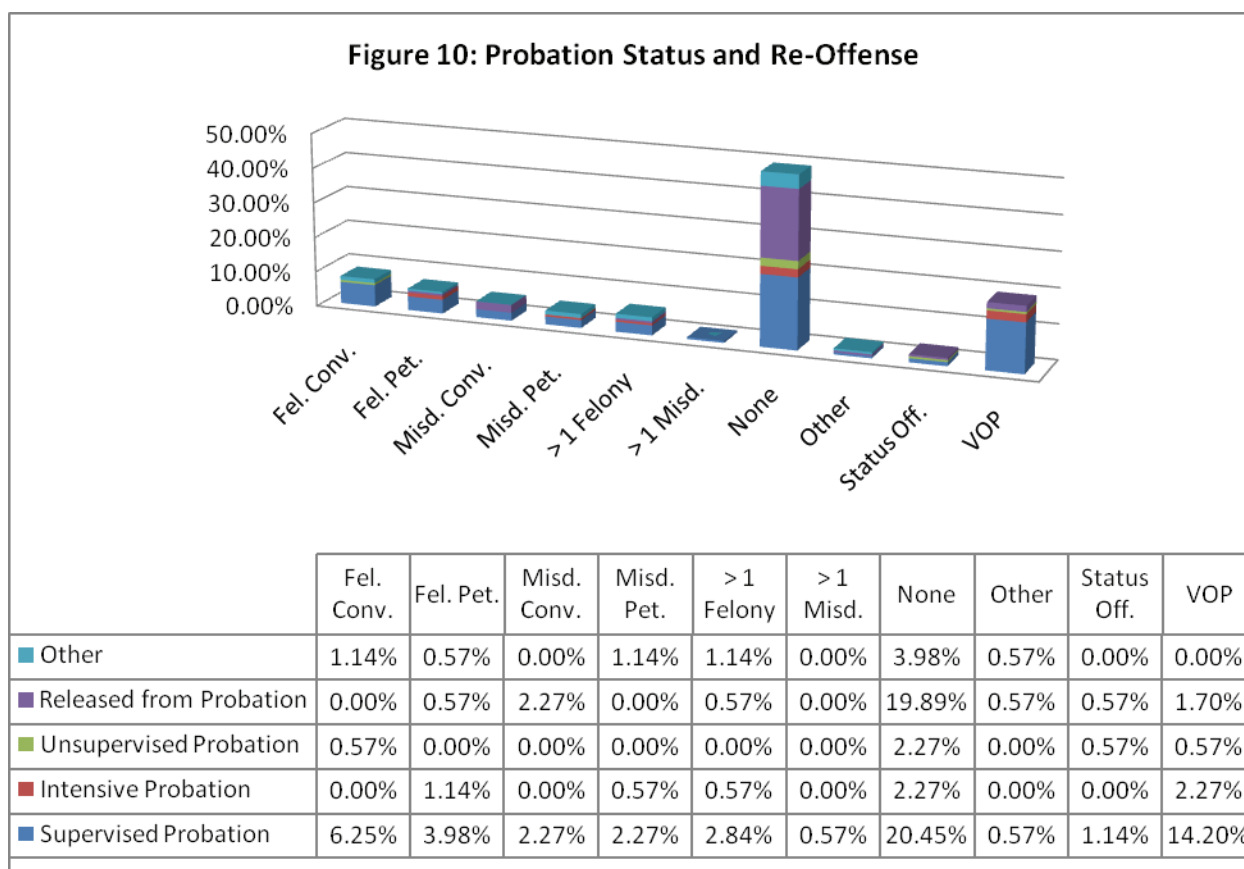
Table 6: Detention Center, Community Activity, and Program Completion					
Type of Activity	Detention Center	Yes	No	Other	Grand Total
Home Visits	BRJD	3.99%	0.66%	0.00%	4.65%
	Fairfax	7.64%	0.00%	0.33%	7.97%
	LCJDC	4.32%	0.00%	0.00%	4.32%
	Lynchburg	3.32%	2.33%	0.33%	5.98%
	Merrimac	0.66%	0.00%	0.00%	0.66%
	NRJDC	5.32%	1.99%	0.00%	7.31%
	NVJDH	0.00%	0.66%	0.33%	1.00%
	Virginia Beach	0.33%	0.00%	0.00%	0.33%
Home Visits Total		25.58%	5.65%	1.00%	32.23%
Group Outings	Lynchburg	0.00%	0.66%	0.00%	0.66%
	Merrimac	10.96%	0.66%	0.33%	11.96%
	NRVJDH	2.99%	0.33%	3.32%	6.64%
	NVJDH	5.32%	0.66%	0.33%	6.31%
	Rappahannock	0.00%	0.33%	0.00%	0.33%
	Virginia Beach	3.32%	0.66%	0.33%	4.32%
Group Outings Total		22.59%	3.32%	4.32%	30.23%
Community Service	BRJD	0.00%	0.00%	0.33%	0.33%
	Fairfax	0.33%	0.00%	0.00%	0.33%
	Merrimac	0.00%	0.00%	0.33%	0.33%
	NRVJDH	2.33%	0.66%	1.33%	4.32%
	NVJDH	0.66%	0.66%	0.00%	1.33%
	Rappahannock	1.66%	0.33%	0.00%	1.99%
	Virginia Beach	7.64%	0.33%	1.00%	8.97%
Community Service Total		12.96%	1.99%	2.99%	17.94%

Table 6: Detention Center, Community Activity, and Program Completion (Cont.)					
Type of Activity	Detention Center	Yes	No	Other	Grand Total
None	BRJD	0.00%	1.00%	0.00%	1.00%
	Fairfax	3.99%	2.33%	1.66%	7.97%
	Lynchburg	0.33%	0.00%	0.33%	0.66%
	NRJDC	0.00%	0.33%	0.00%	0.33%
	NRVJDH	0.00%	0.66%	0.33%	1.00%
	NVJDH	0.00%	0.33%	0.00%	0.33%
	Virginia Beach	0.33%	0.33%	0.00%	0.66%
None Total		4.65%	4.98%	2.33%	11.96%
Employment	LCJDC	0.33%	0.00%	0.00%	0.33%
	Lynchburg	2.33%	1.00%	0.00%	3.32%
	Merrimac	0.00%	0.66%	0.00%	0.66%
	NVJDH	0.33%	0.00%	0.00%	0.33%
Employment Total		2.99%	1.66%	0.00%	4.65%
Other	BRJD	0.33%	0.00%	0.00%	0.33%
	Merrimac	0.33%	0.33%	0.00%	0.66%
	NRJDC	0.00%	0.33%	0.00%	0.33%
	NVJDH	0.33%	0.00%	0.00%	0.33%
Other Total		1.00%	0.66%	0.00%	1.66%
School	Merrimac	0.00%	0.00%	0.33%	0.33%
	NVJDH	1.00%	0.00%	0.00%	1.00%
School Total		1.00%	0.00%	0.33%	1.33%
Grand Total		70.76%	18.27%	10.96%	100.00%

V. Post-Release Factors

Post-Release factors will always be the determinative indicator of program effectiveness. In the following analysis, Post-Release factors are examined within the systems of care and child welfare agencies ultimately responsible for our youth.

A. Probation Status and Re-Offense: Residents released from Post-Dispositional Programs continue to have supervision responsibilities in the community. While regional differences continue to predominate, it is critical that some type of supervision and aftercare be afforded to residents who have successfully completed the program. Post-Dispositional Programs have a considerably favorable success rate with nearly 50% of the residents not re-offending within 6 months of completing the program.



B. Aftercare Program and Commitment Status: Aftercare programs are a critical component of successful transition into the community. While family and individual counseling contribute to successful transition to the community, it is remarkable that no one particular aftercare program solely contributed to successful community transition. This might be indicative of the efficacy of Post-Dispositional Programs in rehabilitation.

Table 7: Aftercare Program and Commitment Status									
	Drug Alcohol Treatment	Family Counseling	Individual Counseling	Intensive Probation	None	Not Available	Other	Support Groups	Grand Total
Committed to DJJ	1.07%	0.53%	5.35%	0.53%	2.67%	0.00%	4.81%	0.00%	14.97%
Local Jail	1.07%	0.00%	0.53%	0.53%	2.67%	0.53%	0.00%	0.53%	5.88%
Local Detention	6.42%	2.67%	3.74%	0.00%	0.00%	1.60%	1.60%	0.53%	16.58%
Det. Order/Capias	0.00%	0.53%	0.53%	0.00%	0.00%	0.53%	0.00%	0.00%	1.60%
None	10.70%	6.95%	14.44%	0.53%	14.44%	6.42%	5.88%	1.60%	60.96%
Grand Total	19.25%	10.70%	24.60%	1.60%	19.79%	9.09%	12.30%	2.67%	100.00%

C. Family Counseling, Family Functioning, and Re-Offense: Looking more closely at the relationship between family counseling, family functioning, and re-offense we see that successful transition begins with linking post-release services with resident and family needs.

Table 8: Family Counseling, Family Functioning, and Re-Offense										
		Fel. Conv.	> 1 Fel.	Fel. Pet.	Misd. Conv.	Misd. Pet.	Status Offense	VOP	None	Grand Total
Family Counseling	Major Disorganization	5.00%	0.00%	0.00%	0.00%	0.00%	0.00%	10.00%	5.00%	20.00%
	No Problem	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	10.00%	10.00%
	Some Disorganization	5.00%	5.00%	5.00%	5.00%	10.00%	5.00%	5.00%	30.00%	70.00%
Family Counseling Total		10.00%	5.00%	5.00%	5.00%	10.00%	5.00%	15.00%	45.00%	100.00%

D. Detention Center Totals: Despite regional differences Post-Dispositional residents have an approximately 50% success rate 6 months post-release. The majority of residents have no new offenses or commitments. Note the “None” category in Table 9 indicates the percentage of residents that do not reoffend within six months of release. All percentages are in relation to the combined averages of Post-Dispositional programs not the recidivism rates for each program individually.

Table 9: Detention Center Totals		Re- Offense	Commitment Status
More than One Misdemeanor	Lynchburg	0.5%	0.5%
	NRVJDH	0.5%	0.5%
More than One Misdemeanor Total		1.0%	1.0%
Status Offense	Merrimac	1.0%	1.0%
	NRVJDH	0.5%	0.5%
	Virginia Beach	0.5%	0.5%
Status Offense Total		2.1%	2.1%
Other	Fairfax	0.5%	0.5%
	Lynchburg	0.5%	0.5%
	Merrimac	0.5%	0.5%
	NVJDH	0.5%	0.5%
	Virginia Beach	0.5%	0.5%
Other Total		2.6%	2.6%
Misdemeanor Petition	Fairfax	1.0%	0.5%
	Lynchburg	1.0%	1.0%
	Merrimac	0.5%	0.5%
	NVJDH	0.5%	0.5%
	Virginia Beach	1.0%	1.0%
Misdemeanor Petition Total		4.1%	3.6%
Misdemeanor Conviction	Fairfax	2.1%	1.6%
	Merrimac	0.5%	0.5%
	NVJDH	1.0%	1.0%
	Virginia Beach	1.0%	1.0%
Misdemeanor Conviction Total		4.6%	4.2%
More than One Felony	Fairfax	1.0%	1.0%
	LCJDC	0.5%	0.5%
	Lynchburg	0.5%	0.5%
	Merrimac	1.5%	1.6%
	NRJDC	0.5%	0.5%
	Virginia Beach	0.5%	0.5%
More than One Felony Total		4.6%	4.7%

Table 9: Detention Center Totals (Cont.)			
		Re- Offense	Commitment Status
Felony Conviction	Fairfax	1.0%	1.0%
	LCJDC	0.5%	0.5%
	Merrimac	0.5%	0.5%
	NRJDC	2.6%	2.6%
	Rappahannock	0.5%	0.5%
	Virginia Beach	2.1%	1.6%
Felony Conviction Total		7.2%	6.8%
Felony Petition	Fairfax	1.5%	1.6%
	LCJDC	1.0%	1.0%
	Lynchburg	0.5%	0.5%
	NRJDC	1.0%	1.0%
	NVJDH	1.0%	1.0%
	Virginia Beach	1.5%	1.6%
Felony Petition Total		6.7%	6.8%
Violation of Probation	BRJD	1.5%	1.6%
	Fairfax	3.1%	3.1%
	LCJDC	2.1%	2.1%
	Lynchburg	0.5%	0.5%
	Merrimac	3.6%	3.6%
	NRJDC	0.5%	0.5%
	NRVJDH	2.1%	2.1%
	NVJDH	4.6%	4.7%
	Virginia Beach	3.1%	3.1%
Violation of Probation Total		21.0%	21.4%
None	BRJD	4.6%	4.7%
	Fairfax	8.7%	8.9%
	LCJDC	2.1%	2.1%
	Lynchburg	6.2%	6.3%
	Merrimac	9.7%	9.9%
	NRJDC	3.1%	3.1%
	NRVJDH	1.0%	1.0%
	NVJDH	5.6%	5.7%
	Virginia Beach	5.1%	5.2%
None Total		46.2%	46.9%
Grand Total		100.0%	100.0%

VI. Conclusions and Recommendations

The Virginia Detention Association of Post-Dispositional Programs is committed to providing a partnership among juvenile detention centers that promotes effective programs to foster rehabilitation and reduce delinquency. Post-Dispositional Programs are a valuable sentencing alternative that allows for a juvenile to remain in or close to their home community and allows for regular parental contact and participation. Not surprisingly, our data shows that one of the strongest indicators for success is the level of family involvement.

Although this Post-Dispositional Acceptance and Discharge Data study is in its infancy, and there is little data to analyze, the report already indicates the efficacy of programming currently in place in Post-Dispositional Programs throughout the Commonwealth of Virginia. The information provided by this report demonstrates support for continued Post-Dispositional programming and provides rationale for future development and continued innovation with regard to family counseling, anger management, aftercare services, and substance abuse counseling services. Despite jurisdictional differences in program elements there is much to be gained by the continued efforts and sharing of best-practices of Post-Dispositional Program staff and the data analysis of the Virginia Detention Association of Post-Dispositional Programs.